

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Week starting 7th Sept/28th Sept/19th Oct/16th Nov/7th Dec

WEEK 1	Bolognese with Pasta Twists & Garlic Bread	Margherita Pizza with Topping Choices of Pepperoni/Ham/Chicken or Roasted Vegetables	Roast Chicken Fillet with Roast Potatoes & Yorkshire Pudding	Chicken Korma Curry with Rice & Naan Bread	Breaded Fillet of Fish with Chips or Pasta
	Cheese & Tomato Pasta with Garlic Bread		Quorn Roast with Roast Potatoes & Yorkshire	Sweet Potato & Chickpea Curry with Rice & Naan	Vegetable Nuggets with Chips or Pasta
	Carrots & Green Beans	Corn on the Cob & Cucumber Sticks	Carrots & Peas	Broccoli & Mixed Veg	Baked Beans & Sweetcorn
	Shortbread Biscuit & Fruit	Apple Sponge & Custard	Belgian Waffles with Maple Syrup	Autumn Fruit Crumble & Custard	Fruity Chocolate Brownie

Week starting 14th Sept/5th Oct/2nd Nov/23rd Nov/14th Dec

WEEK 2	Ham & Tomato Pasta with Garlic Bread	Chicken Pie with Duchesse Potatoes	Toad in the Hole with Herby Diced Potatoes	Cottage Pie	Pizza with Chips or Pasta or Quorn Dippers
	Macaroni Cheese with Garlic Bread	Tofu & Pea Risotto	Veggie Toad in the Hole with Herby Diced Potatoes	Vegetable Cottage Pie	
	Broccoli & Sweetcorn	Carrots & Peas	Carrots & Green Beans	Broccoli & Sweetcorn	Baked Beans & Peas
	Ginger Biscuit & Fruit	Apple Crunch & Custard	Iced Fruit Smoothie	Apple & Raspberry Sponge with Custard	White Chocolate Cracknell

Week starting 21st Sept/12th Oct/9th Nov/30th Nov

WEEK 3	Pork Meatballs & Pasta with Garlic Bread	Jacket Potato with choice of fillings - Cheese, Beans, Tuna	Roast Gammon Steak with Gravy with Roast Potatoes	YEAR CHOICE SPECIAL	Chicken Fillet Chunks with Chips or Pasta
	Quorn Veggieballs & Pasta with Garlic Bread		Spicy Beanburger with Roast Potatoes		Crispy Crumbed Vegetable Burger with Chips or Pasta
	Sweetcorn & Peas		Cauliflower/Broccoli Cheese & Carrots		Baked Beans & Sweetcorn
	Cranberry & White Chocolate Cookie	Jam Sponge & Custard	Tiramisu		Fruity Flapjack

KitesKitchen.co.uk are proud of our school meals. All meals are home made and we use local suppliers for our meat and eggs

We use whole fillet of fish and all our meat products come in fresh (using whole muscle)

At least 2 puddings each week include 50% fruit - and yoghurt is available every day along with salad selection

Additional vegetables are included in all home made sauces used for pasta and pies