

PSHCE Curriculum 2022-23

| | Year 1 | Year 2 | Year 3 | Year 4 | Year 5 | Year 6 |
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| Term 1 | What is the same and different about us? | What makes a good friend? | How can we be a good friend? | What strengths skills and interests do we have? | What makes up a person's identity? | How can we keep healthy as we grow? |
| Term 2 | What helps us stay healthy? | What is bullying? | What keeps us safe? | How do we treat each other with respect? | What decisions can people make with money? | How can we keep healthy as we grow? |
| Term 3 | Who is special to us? | What jobs do people do? | What are families like? | How can we manage our feeling? | How can we help in an accident or emergency? | How can the media influence people? |
| Term 4 | What can we do with money? | What helps us to stay safe? | What makes a community? | How will we grow and change? | How can friends communicate safely? | How can the media influence people? |
| Term 5 | How can we look after each other and the world? | What helps us grow and stay healthy? | Why should we eat well and look after our teeth? | How can our choices make a difference to others and the environment? | How can drugs common to everyday life affect health? | What will change as we become more independent? How do friendships change as we grow? |
| Term 6 | Who helps to keep us safe? | How do we recognise our feelings? | Why should we keep active and sleep well? | How can we manage risk in different places? | What jobs would we like? | What will change as we become more independent? How do friendships change as we grow? |